

SV Kampong Cricket: 2018 Indoor and Outdoor training schedule

Seniors indoor training schedule:

Location: Sportcentrum Galgenwaard - lower section hall 3

Men's 1st Team Selection Group coordinator & coach: Usman Malik

General group (Mens 2nd, 3rd, ZoMi and Zami and Ladies) coordinators: Dirk Benade, Jimme Wikkerink & Vithuran Balakrishnan

Hall is booked for Kampong from 18:30 to 22:00

18:30 - 20:30:	Men's 1 st Team Selection group
20:30 – 22:00:	General group (Mens 2 nd , 3 rd , ZoMi and Zami and Ladies)

Costs:

€40,00 per person for all 9 indoor training sessions. If you wish to register for the winter training please transfer €40,00 before the first training on February 3rd to:

NL22RABO0142819743 - BIC: RABONL2U attn. Sportvereniging Kampong Cricket.

For Men's 1st Team Selection group – absence from any training or match weekend needs to be communicated to the Technical Committee (Floris Janssen) by February 15th latest

Indoor training - Sportcentrum Galgenwaard lower section hall 3			
Day	Time	Group	Comment
Saturday February 3 rd	18:30 - 20:30	Men's 1 st Team Selection group	Fitness test, beep test
	20:30 – 22:00	General group (Mens 2 nd , 3 rd , ZoMi and Zami and Ladies)	
Saturday February 10 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance
	20:30 – 22:00	General group	
Saturday February 17 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance
	20:30 – 22:00	General group	
Saturday February 24 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	
Thursday March 1st Preliminary SV Kampong Heren 1 Selection candidates list announced			
Saturday March 3 rd	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	
Saturday March 10 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	
Saturday March 17 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	
Saturday March 24 th	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	
Saturday March 31 st	18:30 - 20:30	Men's 1 st Team Selection group	Expected attendance Usman Malik present
	20:30 – 22:00	General group	Fitness test, beep test
Saturday March 31st Final SV Kampong Heren 1 Selection list announced			

Indoor training complete. Outdoor training starts

Seniors outdoor training schedule:

- Men's 1st Team Selection group
 - Tuesdays and Thursdays from 18:30 to 20:30
 - First training on Thursday April 5th at 18:30
- General group
 - Wednesdays and Fridays from 18:30 to 20:30
 - First training Friday April 6th at 18:30

Klusdag

April 8th from 11:00 – Expected attendance from Heren 1 selection group

Hope to see you all at training and the klusdag